

Cold Weather Resources for Families

Rationale: During this wave of historically dangerous and potentially life-threatening weather the city of Chicago have a number of services available to support families. Bitter cold temperatures are more than an inconvenience; they pose a serious threat to health and safety. The city of Chicago have many services available to help residents weather the winter months. The weather forecasts very cold air and wind that will create dangerously low wind chill values. Frostbite can occur quickly and even hypothermia or death if precautions are not taken. Additionally it is expected that Chicago will face periods of snow, sleet or freezing rain that will cause travel difficulties. Expect slippery roads and limited visibilities, and use caution while driving

Preparation and Protection

Protect Yourself and Family:

- Wear several layers of loose, warm clothing
- Keep your head, hands and feet covered when outdoors
- Avoid alcoholic beverages
- Recognize the symptoms of hypothermia: stiff muscles, shivering, puffy or swollen face, cold skin, slow breathing and mental confusion
- Never use an extension cord with a space heater. Ovens, stoves or generators should not be used to heat homes as they may cause fire or carbon monoxide poisoning
- Check the carbon monoxide detector and make sure it's working.
- Check to make sure your furnace exhaust is free from snow or blockage. Do not start your car in an enclosed space.
- Check on the most vulnerable members of your community including children, the elderly and the chronically ill.
- The latest road conditions for the state you are calling from can be obtained by going to www.gettingaroundillinois.com in Illinois
- If you think someone is suffering from extreme cold, call 911.

Call 3-1-1 to:

- Locate a Warming Center Request a well-being check for someone who may be suffering from extreme weather
- Report inadequate heat in a residential building. Landlords must heat residential buildings to at least 68 degrees during the day and 66 degrees overnight. If you are unable to resolve a heating problem with your landlord, call 3-1-1.
- Learn about programs that assist with home heating costs
- Connect to shelter and supportive services

Chicago Warming Center Information

Chicago will provide both City Warming Centers and Park District Warming Centers

City Warming Centers: A Warming Center is a heated facility where Chicagoans can go to find safe refuge from extreme weather. Call 3-1-1 to locate a Warming Center in your area.

The Chicago Department of Family and Support Services (DFSS) operates six Warming Centers during work weekdays when temperatures dip below 32 degrees. Additional facilities are opened as needed including Senior Centers, libraries, and Park District buildings.

DFSS Warming Center Locations: 9 am – 5 pm Monday through Friday

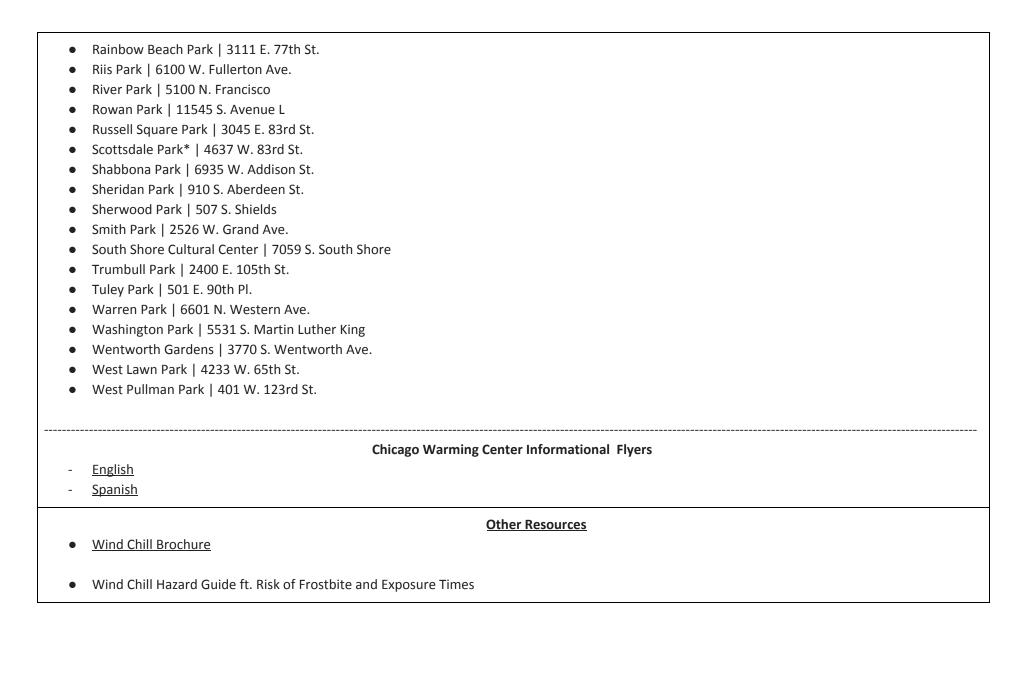
- Englewood Center @ 1140 W. 79th Street, Chicago, IL 60621
- Garfield Center @ 10 S. Kedzie Avem Chicago, IL 60612 (available 24 hours a day, seven days a week to connect residents to emergency shelter)
- King Center@ 4314 S. Cottage Grove, Chicago, IL 60653
- North Area @ 845 W. Wilson Ave., Chicago, IL 60640
- South Chicago @ 8650 S. Commercial Ave., Chicago, IL 60617
- Trina Davila @ 4300 W. North Ave., Chicago, IL 60639

Chicago Park District Designated Warming Centers

All warming centers will be open under normal Chicago Park District operating hours, unless otherwise notified. Operating hours for each park location can be obtained by visiting the individual park website or by calling the park. Please consult the full list below to locate a park warming center:

- Ada Park | 11250 S. Ada St.
- Altgeld Park | 515 S. Washtenaw Ave.
- Amundsen Park | 62 W. Bloomingdale Ave.
- Austin Town Hall Park | 5610 W. Lake St.
- Avalon Park | 1215 E. 83rd St.
- Bessemer Park | 8930 S. Muskegon Ave.
- Blackhawk Park | 2318 N. Lavergne Ave.
- Calumet Park | 9801 S. Ave. "G"
- Columbus Park | 500 S. Central Ave.

- Douglas Park | 1401 S. Sacramento Ave.
- Dvorak Park | 1119 W. Cullerton St.
- Eckhart Park | 1330 W. Chicago Ave.
- Fernwood Park | 10436 S. Wallace St.
- Fosco Park | 1313 S. Troop St.
- Foster Park | 1440 W. 84th St.
- Franklin Park | 4320 W. 15th St.
- Gage Park | 2411 W. 55th St.
- Garfield Park | 100 N. Central Park Ave.
- Gill Park | 825 W. Sheridan Rd.
- Hamilton Park | 513 W. 72nd St.
- Harrison Park | 1824 S. Wood St.
- Hayes Park | 2936 W. 85th St.
- Holstein Park | 2200 N. Oakley Ave.
- Horner Park | 2741 W. Montrose
- Humboldt Park | 1440 N. Sacramento Ave.
- Jackson Park | 6401 S. Stony Island
- Kelvyn Park | 4438 W. Wrightwood
- Kosciuszko Park | 2732 N. Avers Ave.
- La Follette Park | 333 N. Laramie Ave.
- Lincoln Park | 2045 N. Lincoln Park West
- Loyola Park | 1230 W. Greenleaf Ave.
- Mann Park | 2949 E. 131st St.
- Marquette Park | 6734 S. Kedzie Ave.
- McFetridge | 3843 N. California Ave.
- McGuane Park | 2901 S. Poplar Ave.
- Mt. Greenwood | 3721 W. 111th St.
- Nash Community Center | 1833 E. 71st St.
- Ogden Park | 429 N. Columbus Dr.
- Olympia Park | 6566 N. Avondale
- Palmer Park | 201 E. 111th St.
- Ping Tom Park | 300 W. 19th St.
- Piotrowski Park | 4247 W. 31st St.
- Portage Park | 4100 N. Long Ave.
- Pulaski Park | 1419 W. Blackhawk St.





- Sign up for <u>NotifyChicago</u> is a city service that provides residents with text messages and/or e-mail alerts on everything from traffic to weather emergencies to hazardous materials situations.
- <u>Track City Snow Plows</u> on your local streets
- Resources for Homeless Families & Youth

Key Network Support

Student Services support: Mike McCarthy